



Djwhal Khul Spirituality Article  
Channeled by Rev. Terri Newlon  
(Complimentary every week)

**“Powerful Time to Communicate”**

July 19<sup>th</sup>, 2007

This is Terri Newlon from Sedona, Arizona, USA. [www.TerriNewlon.com](http://www.TerriNewlon.com)

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And here is Djwhal Khul’s latest Spirituality Article:

(Channeling begins)

Djwhal Khul here. Tashi Delek.

All right we are going to begin please with a violet flame coming down through the crown chakra, flowing down through the body. Good.

Alright. Now a spiral of light, a golden white spiral of light surrounding that , also very wide at the top , sort of a vortex shape, or tornado shape, spiraling down the body and connecting into the Earth. This is a very powerful time for sending and receiving communications from the Earth helpers, Mother Earth herself, the animal kingdoms, the mineral kingdoms, and the plant kingdoms.

So if you want to, say, connect with the over lighting Deva of the pink rose bush in the yard or you want to maybe psychically commune with your dog or you would like to maybe communicate with a particular crystal that you have, specially if it is a record keeper type crystal, this is a prime opportunity to do that, the energies are very favorable for that.

Keep in mind that the energies are also very favorable for oh how can I say, accidentally having your thoughts overheard by others so it is very important to be diligent about what you are thinking and if you find your mind going toward negative thinking just immediately correct it, flip it around into a positive thought form.

Also this is a particularly good timing to focus on positive end results and also good timing to avoid worries and fears. The brain, when it is worrying, uses a particular compartment; that same compartment is also what is used when you are reading out loud. So the brain can't do both things at the same time. To stop the mind from worrying, please pick up anything; it could be a business card, it could be a transcript, it could be the cover of a book, maybe a little brochure, anything that is in front of you and read out loud, or maybe recite a poem or a prayer that you happen to know. And even if you are doing that quietly it will move the mind away from its worry and back into a positive energy.

This is also a very good time to sing songs particularly lyrics that are uplifting or positive in nature and you can also just make your own little song. You might make a little song about your focus for the coming week or maybe your goal by January 1<sup>st</sup> 2008 or something. A specific kind of upbeat little home made song does wonders in the consciousness. It really sets that deeply into the subconscious levels, the conscious levels and the super conscious levels.

All right in addition to the little tips and hints that I have given you in this week's spirituality article, I want to just also say that the effects of "Fire The Grid", which was highly controversial, in and of itself, although the intent was very good and it was a very positive outcome of that, there was also a lot of polarization which is typical whenever there is something global occurring. Just typical [of any large event] to produce opposition or polarization.

So, again, the true intent here is to improve communication between humanity and the environment, or humanity and the other kingdoms, or humanity and Mother Earth. Just keep that pure thought flowing and see if you can feel the energy of appreciation, of gratitude, coming back up from the Earth to bless you for those kind thoughts.

All right everyone, this has been your spirituality article for this week.

Thank you and my love to you.

*Djwhal Khul*

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[www.TerriNewlon.com](http://www.TerriNewlon.com)

(Spirituality Article, Transcribed by Micheline Ralet)

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