



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **“Upcoming Energies, Holding Light”**

July 18, 2019

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Well this week we have an interesting energy coming off of a potent Full Moon with a lunar eclipse. We are in a Mercury and Chiron retrograde affecting communications and health. Mercury for communications will retrograde back into the sign of Cancer and then the Sun will enter fiery Leo. So what I am recommending, well I'll add, just before we focus on next Thursday, the Moon will enter Taurus which I think is going to bring about a type of tenacity that will be interesting.

So watch your own mood, watch your own patterns of behavior, seek to always act out of your own higher good and in the highest good of others and observe what is going on in the world with these changings and these patterns.

So your personal goal as someone seeking enlightenment or already enlightened seeking greater service work would be just to hold the light for the Higher Good, be a good observer, watch the patterns playing out and see if you can bring as much light into the world as possible.

Alright Dear Ones. As always, thank you and my love to you.

*Djwhal Khul*

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(Spirituality Article, Transcribed by Micheline Ralet)

About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

Terri is a workshop leader, holistic consultant, public speaker, radio and TV guest.

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