



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Sensitivity Protection"

August 4, 2016

This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Well let's see. We have been dealing with a bit of chaos and I'm going to say that this week I think my message is going to be about sensitivity. I'm tuning into many of the light workers and seeing a heightened sensitivity.

Remember please, to put your shields up or use your spiritual umbrella of protection. Essentially know that you're going to be more sensitive than normal. Maybe for some of you this is a very short window and for others it goes a little past Fall Equinox, so into maybe September 23-24-25, somewhere in there.

So for some of you it will be more between this New Moon building up to the Full Moon here in August, so maybe till August 19-20. Keep in mind that everyone is a bit more sensitive now.

So if you're thinking something about someone they are probably picking it up or their ears buzz a little bit or they just intuitively know that you're worried about them or you're maybe mad at them or happy in love with them, or whatever is going on. So the emotions are sort of free flowing but yet all over the place so the chaotic pattern still hasn't quite settled down yet.

Remember to pull your posture in, put your feet together or at least touch your two big toes together. Maybe clasp the hands or gently put the fingertips together or something because it does make you recycle your own energy field and you're not absorbing the emotions around you that way. Breathe and just really kind of keep fortifying yourself frequently, several times a day.

Alright Dear Ones. As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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