



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **"April Kindness Day"**

March 31, 2016

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

[Rainbow cat just joined us and maybe she'll stay down and not get tangled up in wires.](#)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. April Fool's Day is kind of a classic day for tricking, fooling, pulling a prank, etc. and this year especially, the energies are not favorable for that.

It's really more of a practice kindness day so I might even call it April Kindness Day. Please do random acts of kindness. If other people are playing pranks on you, take it with as much joy and humor as you possibly can.

And then in the general sense of what else is coming down with the masculine energies, the Cosmos is sort of like a pressure cooker and things are heating up. So it is important to keep praying for World Peace and working with especially diffusing bursts of anger, whether it be politicians talking or a boss having a fit or your own temper flaring over something.

Really work with sending it out right away and bringing in some Divine Love and then expanding your aura. And even if you're observing someone else having an argument or saying angry words on the newscast or something, just soften the eyes, expand in love, and see what else you can glean that's going on.

Alright, so April Kindness Day on 4.1. Make that maybe a commitment for every year.

As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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