



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"I Choose"

March 26, 2015

This is Rev. Terri Newlon of www.TerriNewlon.com

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

And just an announcement: We do have the Full Moon of the Christ and the Wesak Moon and the Full Moon of Humanity coming up and we do have Teleseminars for those if you would like to participate with us from anywhere in the world.

(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Our topic for this week is "I choose". Now I want to keep these simple three word statements so it might be "I choose Love", "I choose wealth", "I choose healing", "I choose forgiveness", "I choose happiness", "I choose Joy".

So maybe see if you can narrow it down to the primary one and perhaps it is Love or Self-Love that you're choosing to get there. Maybe first you need forgiveness, forgiving yourself is what I mean by that, or perhaps you need healing or whatever it is.

So you start with the one you feel you need right now and then go to the one that you need. So for example you might say "I choose letting go", I know that's four words but "I choose letting go" and then "I choose Love". Something like that.

So you can combine them together "I choose release. I choose Love." Whatever works for you but play with those statements and really empower them. We're in a time period where you can sort of wrap up things or finalize things and the other motions, since the hands have so many reflexology points on them, that I would recommend that you're like brushing your hands off. You've got dust or chalk on them and you're brushing them off. That sort of sweeping motion and then make the same motion for your fingernails so you're sort of raking the fingernails. I'm not sure I can do it here but let me try... like that, and then the thumbs. So you're doing your energy work that way.

Alright Dear Ones. As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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