



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **"Christmas 2014"**

December 25, 2014

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

And I hope you are having a Merry Christmas if that is the holiday you celebrate. ROQ here, not feeling very well. I was doing Reiki on him. He decided to show himself on the camera. Merry Christmas ROQ.

You can also listen to the following message, and all subsequent messages which change every Thursday. The latest message is available 24/7 by telephone or computer at:

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Christmas this year is a bit emotional. Kind of packed with quite a few things really and I would suggest that you move gingerly through social situations whether it be in person, at a gathering, a party, on Facebook or Twitter or wherever it is.

If you have something positive to say, say it. If you don't, you're better off to just not to express yourself in the moment. Just let things ride for a few days until the emotional spectrum is a little bit different, a little more expanded.

So I do expect there will be some arguments or disagreements or what not. And sometimes when you add other components like stress from traveling or whatever else it might happen to be, it can get a little overly charged.

So do your best to maintain your inner peace, choose happiness and feel the love for humanity.

As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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