



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **“Highly Productive Cycle”**

August 14, 2014

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. We’re about to enter a very high productive cycle. And I want to talk about the configurations and how to maximize your creative potential during this time period.

We have Mercury going into the sign of Virgo, then we’ll have the Sun in Virgo and Mercury will move into Scorpio in the last few days of September. So really I’m going to say we have about a six week time period here of *very highly productive energies* IF you can keep your mind focused.

So I want to talk about how to keep the mind focused because a lot of you are very creative and you work more circularly: start a project, start another one, start a third one, maybe finish something you started you know, two years ago, and then work on project number two and what not. So you kind of move in circles. If that is your natural style, that's good. Continue to do that but again, you don't want to be too scattered.

Now some of you pick one thing and stick with it till it's done. You might want to learn, for example, how to "ok this isn't going smoothly right now, I'm going to set that aside and do another task and then come back to it."

So you have to work within your own creative realm of how you operate best.

In the meantime I think focusing the brain: you can tap some points, the third eye center, very, very gently tap the third eye. Tap on the outer edges of the eye sockets on the bones, tap above the ears, and then behind the ears on the skull and then on the base of the skull and just again kind of a light... don't wound yourself but just very gently tap and that stimulates a lot of the brain.

I would finish with tapping the tip of the nose, maybe even about thirteen times on the tip of the nose. Just get kind of a buzzing sensation and that'll wake up cranial nerves and help things function a bit better.

Also pat yourself at the very top of the chest, just under the collar bone, like you're burping yourself or something. Make sure you get underneath both collarbones, using the flat part of your fingers or the palm of your hand if you can. You want to kind of get that area buzzing a little bit as well.

And yet another very helpful technique is write things down. Write your to do list and then number them maybe in pencil and then keep renumbering them like "ok this is number one now. Alright make that number five and move this one up here". Maybe a chalk board or a dry eraser board or something that you have that you can move them around and the other very helpful hint is that at the end of the day, jot down your accomplishments. "Today I finished this, I started that, I got right to the midpoint of this thing and then maybe tomorrow, just briefly, tomorrow I'll tackle weeds in the yard or shovel snow first thing and then I'll go to this project, that project", whatever it happens to be.

So as you let the subconscious mind and the brain go to rest in the evening because you have jotted everything down and it's organized. That's the way Virgo likes to work: it's very, very organized.

Alright Dear Ones. I wish you a highly productive time and as always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. Her work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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