



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **“Psychic Boundaries”**

July 10, 2014

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. I want to work with psychic boundaries on this call. We’re having quite a bit of energy stimulating the Third Eye center amongst other things but specifically telepathic powers, the melding of energy fields and the sharing of thought forms.

So if you’re irritated about something, for example, other people are going to be hearing your mind chatter and vice versa. What I would suggest that you do is, as quickly as possible, discharge the energy. Then be a channel of Divine Love.

So if something is upsetting you, do your best not to let the mind loop it but rather maybe just take a deep breath and send it down to the ground or up to the sky. Discharge it from the body so that energy isn't there.

You can also use any other healing techniques that you like, like [tapping](#), and [Sedona Method](#). There are so many that might work for you. And then I would say that commitment to channel Divine Love is also a way of softening everything.

Now when it comes to others projecting upon you, you might notice more ringing in the ears or kind of a psychic sense that someone is talking about you or thinking about you or whatever, when you want to put shields up, you can just use Love as a protection itself or you can put a kind of a little shiny coating on your aura so that as they look at it, they are deflected. So in other words they can't quite zone in on you directly. There is a little bit of a mirror shine or something on the outside of the aura.

And last but not least, you can ask the Ascended Masters and the Angels to protect you or buffer you so that you're not bleeding into other energy fields.

Alright Dear Ones. As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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