



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

“Love At Its Best”

February 13, 2014

This is Rev. Terri Newlon of www.TerriNewlon.com

And Happy Valentine’s to everyone!

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. This week’s topic is “Love At Its Best”. What I want to work with here is some very specific ways in which you can increase the power of Love within your own being, and thereby naturally radiate it to all other sentient beings.

So I think we know Love is an inside job. It starts within yourself because you cannot give what you do not have. So how does self-love look? How does it sound?

Well it's instead of "Well I'm so stupid", it's more like "Oh look. I made a silly little mistake again". And you giggle or you chuckle and then you go fix it. It looks like things like instead of "I need to change my body", go with "I love my body, I love myself just the way I am. I choose wellness. I choose health. I choose livelihood." Just use whatever is coming to you spontaneously in the moment. So when there is a lot of self-love, there's little or *no* negative self-talk.

And then in terms of how you treat others, you don't look at them and say "Oh that outfit doesn't match", it's more like "Hmm that's a creative way to put together those clothes and those accessories" or whatever. "Not my style, but creative on that person" maybe.

So you begin to lose a sense of criticism for all things outside of you because there's no criticism within you. So think about Love at its best and what you might do, just maybe one little change, that would step you in that direction and have fun! Play with it. Be in the energy of Love.

There's a full moon in Leo, there's President's Day in the US, there's Sun moving into Pisces, which is always an interesting time period, and just work with celebrating what is and loving what is. I think that will serve you well.

Alright, thank you and my love to you.

Djwhal Khul

Channeled by Rev. Terri Newlon
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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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