



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

## **“Triangulation and Vibrational Healing”**

January 23, 2014

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

You can also listen to the following message, and all subsequent messages which change every Thursday. The latest message is available 24/7 by telephone or computer at:

This week we have no audio or video, only this written version. We apologize.

And here is Djwhal Khul’s latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

The vibrational patterns within the physical body have begun to respond to magnetic shifts, solar influences and the major transformation that is being experienced in the greater cosmos. It is important to allow vibrational transformation at the cellular and sub-cellular level, and rapidly so now.

The process of triangulation in general is upon us. You may want to research the ways in which this shows up, scientifically, relationally and much more. In the esoteric sense of the term, one may create a series of triangles extending from the third eye outward, for example. I am going to recommend this technique for the removal of stuck energy anywhere in the body or in the life.

Other methods for quick transformation that involve letting go are <http://www.fastereft.com/> and <http://www.sedona.com/Home.asp>. You may already have other tools, such as the ones I have

given over the years or a training that you received. In this time period, you will need to rapidly transform in order to prevent pain and illness from building up in the body. Embrace this and ask your inner healing team to constantly work on you. Look on [www.YouTube.com](http://www.YouTube.com) for videos and follow along with them. It will make a big difference.

That being said, lots of good water, plenty of good rest, and the reduction of stress in your life are also essential for this transformation time period. It is all about vibration, and the vibrations have changed. Things are not the same and they cannot go back to the same. Where are they headed? Peace, dear ones.

Alright then. Thank you and my love to you.

*Djwhal Khul*

Channeled by Rev. Terri Newlon  
[www.TerriNewlon.com](http://www.TerriNewlon.com)

(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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