



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Spread The Cheer"

December 12, 2013

This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. 12-12 a very interesting number; vibrationally speaking quite a good day. And then the rest of the week also some interesting occurrences as usual.

This week I think what I would like to focus upon is spreading cheer so that when you're working with others, in any form, it can be by e-mail, by text message, on Facebook, whatever, really make your focus to spread cheer.

The vibratory pattern of cheer is a very lively, kind of has a beautiful matrix to it and so right now, let's just invoke cheer. Not necessarily holiday cheer, but just cheer in general, to be a channel for cheer.

And you might start to feel a little zinging or a little kind of bubbly sensation in the body.

As I mentioned it has a beautiful matrix, it's very complex but it's also very energizing. And then of course we want to retain the cheer within our own consciousness as well. As they say "you cannot give what you do not have". So first you have to have the cheer within you before you can spread it outward. And we're just about filled up with it there.

Begin to let it overflow from you, spread it around to all others around you. More specifically, let's take an animal, like a pet or maybe you can see a squirrel outside or something. Go ahead and spread the cheer, meaning that particular living matrix, go ahead and spread that a little further out.

You can project anything you want in any direction you want, so of course you want to be careful what you're sending out because what you give is what you're going to get. Biblically it's "Do unto others as you would have them do unto you" but I like to say "What you give is exactly what you get" which makes things like revenge and what not seem rather silly.

So again spread the cheer. Keep spreading the cheer and then practice. Put it all through the house for example, maybe all around your car before you drive down the road, certainly around you and your shopping cart while you're getting groceries, or something of that nature. Really play with spreading cheer and have fun doing so.

As always, thank you and my love to you.

Djwhal Khul

Channeled by Rev. Terri Newlon
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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can

live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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