



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **“Challenges From The Ethers”**

August 29, 2013

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Every now and then, we enter into one of the time periods where challenge after challenge is presented throughout different aspects of your life or perhaps through every aspect of life.

We are currently under one of those time periods, sort of challenges from the ethers really. What's going on in the Heavens very much affects what goes on on the earth. Certainly your solar system is adversely affected from the way I would perceive it at this point.

Your humanity is going to be challenged over and over again. So this is a time to move into higher ground; to move into your spiritual perspective and hold it, no matter what challenges keep getting presented. It could be just a string of car repairs and nothing quite fixes it. Or you fix one thing and the next thing goes. Or house repairs or body maintenance, meaning the physical body.

Relationships could take a lot more time and energy during this period.

So keep moving through your spiritual exercises, one of which is to imagine yourself on top of a tall pole maybe or perched up on a ceremonial referee chair or something. But you are not judging or doing anything other than observing what is happening around you. You are not hooked into the drama, you're just observing. "Oh that's why that is playing out this way, that's why this person is acting that way, this is why my personality is also down there playing on the ground. I've got an overview now. That's why my personality is reacting a certain way". That sort of thing.

So you want to go to neutral observer. And then I think one of the other really good practices is just don't take anything personally.

Alright Dear Ones. As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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