



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **"Truth & Belief Systems"**

August 8, 2013

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Today I want to talk about Truth and Belief Systems, really kind of stemming originally out of a typo in the Forecast. We were referencing a Spirituality Article dated June 6, 2013, which is actually titled "Trust & Belief System".

However we're going to be having Mercury entering Leo, a lot of activity with self-expression and communicating with others effectively. Then we have really kind of over the weekend some strong configurations that are going to be a bit difficult especially on Sunday August 11. A lot of squaring off that is going to affect a lot of things actually: Jupiter, Pluto, Mars, Saturn and then opposition

also with the Moon in Libra and Uranus. So we're going to be having conflicts and maybe a lot of indecision or rash decisions that then cause trouble.

So Truth and Belief Systems. I think I'll address that a little bit here. Truth is relative and most truth is based upon a belief system. So if you studied psychology in school and then you know it is true that *this* emotion is always connected with *that* action, or whatever. Or medicine: it is true that when you have these symptoms you have that disease or whatever it is.

Then you develop your own personal truths and then you can *transcend* them because belief systems change, they evolve. We can say that that is the constant change in the universe, that evolution will continue.

So when we look at what is real truth, I'll give you an exercise to transcend belief systems and just come to kind of a cosmic truth. Basic cosmic truth is all about Love and we just did a full Tele-seminar called "[Love Thy Neighbor as Thyself](#)" which was a very deep energy experience of working with that vibration of cosmic love.

So essentially what you want to do is just see belief systems as layers. Maybe if you've ever been in a Tibetan teahouse, you know from the wood burning stove or dung burning stove there is layers and layers and layers of smoke in the air, and you want to get the feeling that you just rise above all of that, maybe even through the roof, well above everything. And then you ask yourself "What is true?", or "What is truth?", and you'll begin to dissolve away all of the layers in all of the belief systems.

So you can practice that in a relationship maybe. Does this person love me or doesn't this person love me? Just keep pulling yourself up and away from all of the relationship things until you really feel like you've disconnected from everything. Then say: "What is true?" or "What is the truth of this matter?"

And the more you can operate from that spiritual detachment the better. It will make life during this time period so much easier.

Alright Dear Ones. As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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