



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **"As Is Acceptance"**

July 11, 2013

This is Rev. Terri Newlon of [www.TERRINEWLON.COM](http://www.TERRINEWLON.COM)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. I want to talk about something that I have referenced for a number of years: As Is Acceptance.

Now particularly so in this time period because we have a very intense squaring sequence with Uranus, we have a lot of changes with Venus that are affecting male and female polar opposites and polarities within the consciousness. We have a lot of solar flares, quite a few other cosmic things going on that are affecting cognitive function, the ability to reason, the ability to think ahead

in any kind of sequential order. For example, what might be needed at the picnic - can't remember all of the items - that sort of thing.

So it is a time to hydrate more. Get electrolytes in the body. Replenish the mineral base, especially MSM as well as magnesium, potassium and trace minerals. A lot of good trace minerals going in will help the body quite a bit.

Then essentially this is a time where everything is being shaken down so the tree is full of fruit but the tree is being rather violently shaken so that lots of good fruit is falling away. Certainly the fruit that is too old has fallen away but essentially it's just that everything's being shaken down and you don't know when there is going to be a stable moment and for the most part, you just have to go with the flow. Accept things as they are.

You can still keep a positive outlook of course but accept them as they are in the present moment. And do your best to stay present in the moment, even if it's uncomfortable. You can bring joy to it. You can bring love to it. You can bring hope into the moment but stay in the moment with As Is Acceptance.

Alright Dear Ones. As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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