



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **"Trust and Belief System"**

June 6, 2013

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. This is a perfect time to cover the topic on trust and belief systems.

True trust is an inner knowing that something is perfectly in place, perfectly balanced. It can also be in the form more of an alert of not trusting that the lamp is going to stay on the table if the dog knocks into the table, that kind of thing. So it could be trust or not trusting.

And then we have another dynamic here which involves the belief systems. Now the nature of belief systems is to build upon one belief and then create a system of beliefs. So, for example, the

dog frequently bats his tail and knocks things over that are that height therefore if I am going to place a table and a lamp at his height range I need to make sure they are heavy and won't fall over easily or whatever it is. So you build a structure of belief systems.

And then trust is something that is occurring now within humanity, it's sort of crumbling. Maybe I can't trust the stock market or I can't trust a certain person that I know to keep their word, or I can't really trust that tomorrow is going to be another good day.

So sometimes what we're doing when we build on these systems based on a core belief is we're actually sabotaging what could otherwise be a wonderful experience. You might walk the dog through the room and say "please make sure you never wag your tail right here or go too fast around the corner and knock into this table". A conscious dog will listen and do their best to abide by that rule.

And then when we deal with trusting other people in relationships or maybe trusting a boss to be reasonable or whatever it is, be careful that you have not constructed a set of beliefs that they're bound to follow. So you want to keep wiping away those beliefs so to speak, or clearing them. I like to toss them into a blue triangle and dissolve them that way.

But don't let them build up in a negative manner so that you can really use that intuitive trust function. And as I mentioned earlier, it's either "I totally trust this *is* going to happen" or "I totally trust this is *not* going to happen". So you can use it more from that intuitive level.

We have Neptune going retrograde until November 13. This is a perfect time to practice true intuition and true trust.

As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her

specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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