



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Psychic Protection 2"

August 23, 2012

This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Our topic for this week is "Psychic Protection". It goes a little bit deeper than that of course but I want to cover a little bit of those topics.

There is a variety of ways in which you can work with that. You can toast a little bit of dried rosemary, use a smudge stick, or just sage, just rosemary, that kind of thing. Cinnamon toasted is also a good kind of household remedy to set up psychic protection.

You may feel that you want to do some ceremony with tobacco or corn meal. You can look up various shamanic practices or go with something you grew up learning.

But change the smell of the environment is one thing. Please don't use the toxic scented candles and those kinds of things. Use something that is not going to cause lung or allergy issues. So not an air freshener. Something natural. Certain kinds of incense are also good to burn.

Water. Bathe more frequently. Entities don't attach when you are in the water. So if you can soak in the tub or swim in the pool or stand in the shower, that sort of thing, that is good. So also keeping the body clean.

Certain alien presences don't like coffee or chocolate. We've talked about that. So you can even have coffee beans where you can smell them or put them in a pouch and stick them in your pocket or wear them around your neck or something. Of course if you like coffee or chocolate, one or the other or both, you can just consume it as well and that acts as protection in the field. It doesn't take very much. A couple sips of coffee or a little bite of chocolate. We have workers pounding outside, building something, so I apologize for the sound effects today.

I did have a product called "Multi-level Protection". There is a spray or essence and that is from www.SonoranLight.com.

Now let's see what else we have here coming up. We've got some old wounds surfacing, a lot of psychic plane activity and astral plane activity happening during this time period, for this week. Some people are more susceptible to it than others but remember you can put up a spiritual umbrella of protection over your body, maybe another one over your room maybe another over your home. That kind of thing. So you can have more than one in different sizes. That's another way to increase the energy there.

And if you are getting strange dream-like experiences and what not that are unpleasant, remember that you can just say "No thanks. I refuse to play. Go away." Negative beings don't have power over you.

And then empty any sensation you don't like that you have in the body and then fill with Divine Love.

Alright dear Ones. As always, thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon
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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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