



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

**" Call Forth The Good In All "**

June 14, 2012

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

For my fellow Americans, Happy Flag Day. Happy Father's Day. Happy New Moon and Happy Summer Solstice. It's really quite a packed week.

You can also listen to the following message, and all subsequent messages which change every Thursday. The latest message is available 24/7 by telephone or computer at:

Recorded Dial-In: **1.916.233.0630, Box 163**

Refresh Browser for latest version: <http://www.audioacrobat.com/play/WC4rwp5k>

Watch the video on <http://terrnewlon.com/articles.php> or [www.YouTube.com](http://www.YouTube.com)

And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. We are in a very spiritual point of tension, as we put it sometimes, meaning something like you might say, 'stuck in the frying pan', or something like that. A saying that things are very heated up and maybe a bit difficult for many members of Humanity right now. So I decided to title this one "Call Forth The Good In All".

And before I talk about that I am going to explain what's going on, why people are going on killing rampages, and sometimes harming themselves rather severely, or blowing off steam, yelling at other people. We have quite a bit going on, mostly with the brain and the magnetics.

The magnetic storms in particular really affect many things; they affect the aura, they affect whether or not one can stay grounded and stabilized in their body. People prone to bipolar or other disorders are especially having troubles maintaining. People with unresolved rage or other angers and heavy emotions: sadness, fear, resentment, etc. They are really swelling up now.

The resentments and the guilts are manifesting in cancer forms. Crime will be kind of on the increase. Cognitive function in general will be lower than normal. Sleep rhythms will be disturbed. Even if you're in bed for eight hours it doesn't mean that you slept for eight. What actually counts as sleep is going to be less than that during this time period. So it may take ten or eleven hours in bed to get enough rest to keep the brain stable.

So other things that are affected: mostly in the third eye and crown chakra region. So for example, if you touch the top of your head and it's tender, it tells you something is going on in the body. Or if it feels like a little bit like your third eye, your forehead or even your nose is a little bruised or just tender again, or around the ears is tender, the ears themselves and the skull around the ears, and the base of the neck, I'm sorry the base of the head, at the top of the neck. Sometimes, that's an indication that the neck needs to be adjusted but again these are signals.

So one of the best things that you can do is keep your electrolytes in the body. It's summertime for some of you and wintertime for others of you. Some climates are dry, some are not, but basically one electrolyte drink a day. I am fond of [Ultima Replenisher](#) over... because there is no sugar in it and you're not going to be worrying about dye, also weakening the kidneys. Sugar and dye both weaken the kidneys. But any electrolyte is better than none at this point in time. So whatever you can get your hands on especially if you are prone to headaches.

The pineal gland can be exercised. It will assist quite a bit. You can use the image of a pinecone for the pineal gland. We have done some work with that in the recent years, or see the pineal gland as a pinecone spinning, an upright pinecone spinning very slowly, not wobbling or really fast, just kind of staying in motion, just like planets keep their balance by revolving around the Sun and keep their orbital pattern. So that's another way to work with it as well.

Now "Calling Forth The Good In All." We want to ask the subconscious collective of Humanity to call forth the *good* energies. So call forth kind deeds. To call forth the blueprint of Creation which is a cooperative flow.

Essentially the subconscious minds are running rampant with whatever is there. It might be a book they read and then they act out a crime like it. Or a movie they saw and then they bring about their own version of it. The subconscious programming is very sensitive right now, very sponge-like. And as I mentioned before, if there is an unresolved anger issue or something like that, it comes up. Or if the belief is strong that you might get cancer, you're really drawing it to you now. So we want to have the subconscious mind directed to do something positive and to pull it forth in the most spiritual way possible with grace and ease.

So "Dear collective subconscious and my own personal subconscious, please call forth the good in me and the good in all other beings at this time."

Alright. As always, thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon

[www.TerriNewlon.com](http://www.TerriNewlon.com)

(Spirituality Article, Transcribed by Micheline Ralet)

[Training for Modern Mystics](#)  
[Channeled Teachings for Everyday Spirituality](#)

© 2012 All Rights Reserved – Terri Newlon Inc.

Join our e-newsletter and get complimentary Spirituality Articles information every week.

Continuously Upgraded custom designed long distance ethers broadcast for anyone seeking Spiritual Enlightenment. Great for World Servers. Economically priced.

[http://terrinenlon.com/events\\_sessions.php](http://terrinenlon.com/events_sessions.php)

About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. Her work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

Terri Newlon, Inc. PO Box 161, Patagonia, AZ 85624