



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

“ Dreams & Their Meanings ”

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This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Since the dream plane is very active and very vivid, I think that today is the best day to discuss dreams and their meanings.

There is a website that I think might be helpful to many of you called www.dreamforth.com. You can enter a key word, you know like "drumming", if you were drumming in your dream, type in "drumming", that sort of thing, and see what little bits of messages you can get and piece it together.

There are also many very good counselors that work with dream interpretation and some very good books and other materials on it. So I'd say, most important, jot down what you are dreaming or keep a little tape recorder. Many telephones now have a record ability. So if your cell phone is on the night stand you can pick it up and record. "I was walking down the street, everything was white..." that kind of thing. And then go back and analyze it the best you can.

This is a time when the dreams are going to be really pointing you in a direction. Like it's time to redesign your future or it's time to let go of an old grudge. Or it's time to move on and not dwell on something that previously happened.

It can also be warning you "Don't get on that airplane" or "Cancel that trip" or "Move the trip forward or back a little bit". So you are going to be having dreams like you've never had before. It's already started, probably the last three or four nights or so for most of you.

The other thing that I recommend is when you awaken, the body feels very heavy or as if you startled awake and then you've got tingling sensations. You were out traveling. You were far away from the body, maybe even in other dimensions.

When you come back in, do your best to recollect what you were doing, what was happening, what's the last thing you remember basically. Breathe and get yourself back into the body, wiggle the toes, maybe stretch slowly, that sort of thing, until you really finish coming back. It's not a good idea to bounce right out of bed after one of those.

And if you have the luxury, stay in bed a little extra 15 minutes to an hour to let yourself finish processing the busyness of what was going on in the sleep state.

So the dreams do have meanings. Almost always there is something about you. So you may have other people show up in your dream but they are reflecting something about yourself.

So you know a carpenter might be in your dream and that might be telling you to build something new. Or maybe a bulldozer shows up in your dream and it might be telling you tear down an old structure that is not working, or bulldoze your way forward. Don't let any obstacles get in your way.

So really think about the dreams now because they are very important messages, more so than ever.

Alright. As always, thank you and my love to you,

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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