



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

“Proactive Protectors”

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This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi delek.

Alright. Today we are talking about proactive prevention. There is a lot of debris in the ethers. A lot of debris and some of it is affecting, of course, weather patterns. There are all kinds of things going

on. You're moving through a very precarious place in the Universe, Milky Way Galaxy. You are kind of bumping across that Equator. There will be more asteroids, that sort of thing.

But then on the *ethers*, the unseen realm, there is also quite a bit of what I would call debris. These things can sometimes transition from the non-physical to the physical. So there are ways to buffer the aura or the energy field. There are also conscious choices that can be made. And a number of other things.

But basically once something gets in, even into the emotional body, if you rather quickly clear it, it does not become made manifest. All illnesses for example begin from another plane of consciousness. It might begin on the mental plane, or the emotional plane or the etheric plane. And then they work their way, if they are not cleared, they work their way into the physical realm. So "I choose wellbeing." "I choose health." "I choose safety." "I choose protection." Make very simple choices.

Remember, now more than ever, what you say, or what you're thinking and not even speaking, is bound to come true. What you think is what you get. So if you *think* someone is going to dent your car for example, you're likely to get it or you will get it sooner or later. If you *fear* you're going to get a disease, that fear actually magnetizes it to you. And then certainly that is something certainly, of course, held either in the mental realm, or the emotional realm that can eventually get you to the physical. So diligent with your belief systems please.

Then there are viruses, kind of exotic parasites, things like that in other dimensional realms and many of you are learning that you are multi-dimensional and you're sort of traveling sometimes in your sleep and when you come back into your body after sleeping and your whole body is kind of buzzing and a little bit heavy, that is sometimes a side effect from multi-dimensional travel, sort of like jet lag so to speak.

In those cases, sometimes temporary use of magnets will help you or other devices that help clear your energy field. I am fond of standing on a piece of copper. It can even be a little bit of, a copper sheet from a home store or something or anything that is real copper, and stand on it and then while you are doing that put your hands in a bowl or sink of salty water. A very simple remedy and it's one way to discharge excess negative energies that might have been picked up in the auric field. Keep in mind part of what's going on here is the realization of Oneness so your consciousness is more and more exposed to inter-dimensional Oneness and less trying to individualize or separate itself from other aspects of Creation.

Other practical means, colloidal silver, I am a very big fan of colloidal silver, even just a little bit on a daily basis. And then anything anti-radiation because a lot of these things that are going to be cropping up are going to be antibiotic resistant strains of bacteria. They're going to be, and sometimes also radioactive, they're going to be viruses that don't respond to anti-viral medication, exotic parasites that there are no drugs to kill, and forms of fungus and mold. All of those things are *easily* and safely killed with colloidal silver without producing a side-effect or resistance to the colloidal silver, it sort of suffocates them.

So you can safely use just the right amount of colloidal silver in the right potency, even on a daily basis as prevention and then periodically do something to clear radiation. There are some homeopathics for that. There is the soak in a combination of sea salt and baking soda, like a cup of each in the bathtub and soak for 20 minutes and pull radiation out of the body that way. Eat seaweed that is not irradiated of course, once or twice a week. That sort of thing. So be proactive about prevention. It's very important especially now.

We come upon a third eclipse in a 31 day period, July 1 with a Grand Cross. It's a very potent time.

And the other thing I would say is likely during this time period is people getting mentally imbalanced. I'd say really exercise more discernment especially if spiritual leaders are leading you toward their own ego or toward something there rather than sound practical advice basically.

Alright. That's the Spirituality Article Information for this week. I look forward to next week. As always, thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon
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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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