



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

“Mirroring - How To Transcend”

December 23, 2010

This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. We’re going to continue a little bit of teaching on “Mirroring and How To Transcend It”. The “Mirroring - How It Works” that we did a couple of weeks ago, talks about what mirroring really is,

and transcending it is a matter of reaching a point where you realize the moment that you accuse someone else or something outside of you like "how polluted the world is" is when you realize "My goodness! My own body is also then, has toxins in it or pollutants in it" etc.

So the basic information that I have about transcending it, is not to deny it, is the first part. In other words, if you can point one finger out, there are at least three pointing back at you.

Go ahead and acknowledge it, say "Yes I acknowledge that I'm only able to see it outside of myself because it exists within Me" and then you literally embrace the energy that you were seeing, especially if it's one you don't like, you know that's the challenge there. You literally embrace it. Almost hug it. Become One with it so that it no longer serves as a trigger to you.

And you blend enough with it that it's no longer there as a hot button or trigger.

So that's true transcendence of the mirroring process.

Eventually where you get with the mirroring is that you see the Divine and only the Divine in all of Creation.

So you see the Earth beautiful just the way it is. You see every person absolutely beautiful Divine light, exactly as they are.

Have fun playing with it and as always, thank you and my love to you,

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. Her work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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