



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **“Financial & Physical Update”**

April 8, 2010

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright everyone. We have very important occurrences happening and they are all happening very rapidly right now. You could say that time & space have been condensed or consolidated in such a way that you might feel like you are running a marathon just trying to keep up with things and lots of things still falling behind. So previous Spirituality Articles that are archived on the site will show

you some techniques that you can still apply and use, particularly the "[Reprioritizing the Manifestation List](#)".

Now we have a Saturn retrograde moving into the sign of Virgo, we have the Moon going into a very psychic sign of Pisces and a few other things during this coming week. I'm expecting more things to become apparent on the financial front globally. In other words disclosures about the true state of finances. It may be a fund that is supposed to have 3 million in it, and it really only has 1 million. Or thought to be that a certain amount of tax dollars will fund a project or school or something, but the taxes have not come in. Things like that. You're going to be seeing missing money or money not allocated the way it was promised, or debts deeper than what were presumed to be.

So disclosures coming out is a good thing because then the remedies can come forward. Anything that is still hidden cannot be remedied. So "Truth Revealed" is a good marker in our time period. Now this is a revelations time period, "Truth Be Revealed" and truth is being revealed.

Now for you individually, we're coming into a time period where physical changes can be made manifest rather quickly, especially so in the physical body.

Those that are on our [All Calls Program](#), that we call VIP, are going to be getting a special session about that, I believe it is April 16, regarding how to very quickly transform the physical structure. We have a few other things coming forth in that regard. For the general information about that, communication with your Higher Self is one of the key elements and very clearly and simply stating your intent for your physical body.

There are some other points that affect the change of the physical body because the body is the mind made manifest. However, communication with the Higher Self, getting that Divine Flow at all times and clearly simply having an intent that is *not* specific. In other words, "I want my body to weigh 120 lbs" or "I want my body to weigh 185 lbs" or "I want to be a size whatever" or "I want a certain percentage of muscle mass".

What you want to do instead is to work with the optimal physical body for you, the optimal physical body for *you*, without being specific about what that looks like or which outfit you're going to fit into or what age you were when you perceive yourself having that physical structure. So Optimal.

Keep in mind that the Higher Self is protecting you and creating longevity in the physical structure. So optimal might be a 10 lb padding of fat to make it through the earth changes. It might be losing 50 or 60 lbs to make it through the earth changes, etc.

So I leave you with that to ponder on during this time period to work with the Moon while it's in the sign of Pisces, to open your psychic facilities, and it does that every time it cycles into Pisces, and when it is in the sign of Scorpio you can have a lot more healing energy in that particular sign.

Alright. As always, thank you and my love to you,

Djwhal Khul

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[www.TerriNewlon.com](http://www.TerriNewlon.com)

(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

Terri Newlon, Inc. PO Box 161, Patagonia, AZ 85624