



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **"Focus For In-Depth Core Changes in 2010"**

January 7, 2010

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Give me just a moment here to settle in rather deeply into the channel. There.

We have a very important era now. Three years, a little less than three years, to go in the Mayan calendar which will close the end of a specific type of era and then of course open the next era. So

vibrationally there is a lot going on. There is a sense of, I want to say quickening, or the finish line is coming and maybe it is time to start sprinting energetically.

Now, as we work with the energies of the next decade or two, we work with how you would imagine peace on the planet, how you would imagine food distribution, maybe you can envision the end of hunger, maybe you can envision financial prosperity, personally and politically, various governments and what not.

So work with your visions into the future and choose moment by moment what you want for yourself. Like "I choose excellent health", etc. Choose what you also want as a member of humanity, for all humanity over the Earth. "I choose peaceful balanced environmentally conscious community on Earth." That sort of thing. So focus your choices.

Now, we're embarking upon a time period here that is invoking very deep core changes within you individually and also within the planetary consciousness. Remember all of creation is consciousness, evolving consciousness, so we're looking then at the effects.

We are just on the beginning on the very depth of core change. It may change the way you view evolution, it may change the way you view enlightenment, it may change the way you view reality and all of these things are going to be well supported within the teachings. So the VIPs on all the calls get at least two a month, usually 3 to 5, and the teachings within the Spirituality Articles and then the World Servers Broadcast are also designed to just keep giving you step by step stepping stones to a very balanced stable spiritual path. That interfaces with any other teachings or religions or what not. So that is my focus and my commitment to humanity.

Then we have other ways in which you can support your personal growth process: perhaps seek out therapy or work with EFTs, the Sedona method or the work of Byron Katie, numerous books and techniques that exist that you can seek out to further balance yourself.

I do recommend that this being the age of therapy if you will, or the age of seeking out a coach or mentor or some sound teachings, not cult-like where you can only do it this one way, but sound teachings in an eclectic way where you pick and choose the things that resonate with you in the moment. And that will help you or facilitate you with this very big transformation. Because as I mentioned, not just you individually, but planetary consciousness is going through a very big transformation.

More than ever, it is time to awaken your spiritual core, that unshakeable spiritual hope and faith and knowledge and that kind of bedrock, if you will, that is within your consciousness.

Alright dear ones, Welcome to 2010! Have a Happy Prosperous Turnaround Year and as always, my love to you,

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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