



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Activate Christ Grid"

May 14, 2009

This is Rev. Terri Newlon of www.TerriNewlon.com

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

We are going to begin with a golden white light, the most therapeutic combination that generally assists all of humanity at this point in time. We see the golden white light coming right in through

the crown chakra continuing down through the body. You can also see it essentially igniting the Christ Grid consciousness as it goes through the body.

Now it literally is a kind of a code that is unlocked. It sometimes follows just simply your Chinese meridian systems, sometimes it follows patterns that you would see in your skin, sometimes it will follow the pattern of water molecules. It can do all kinds of things in your body. So you might see different patterns in you than you might in another or just get different sensations. But basically, what we are doing is using the golden white light to activate the Christ Grid in the consciousness and then just let it continue to flow.

Now today's broadcast is coming from the Phoenix area. We are travelling at the moment. It is the precise day that President Obama is coming in to ASU for the commencement speech and the graduation ceremony. There is a very interesting energy.

So one of the things I might as well teach here is that as you activate the Christ Grid consciousness in your own body and then begin to embody that Grid energy, you will find that you are no longer bothered sometimes by external stressors, or by changes in energy field, or different qualities that you had before that maybe led you to be hyper sensitive and that now you are not so much so, or that you are very sturdy and not sensitive at all.

So you can practice with the energies here, and what we have created, even though there is security searching the sky and all these different things happening. We can still create a sort of cocoon, if you will, of that Christed energy.

Now I have put forth a lot of exercises for the third eye and that is because the third eye is being very keenly developed for telepathic abilities. I want to add just a little bit to that. If you can imagine by the forehead, just like a camera, you have a focusing lens. Then you can maybe pull it out, zoom in, pull it back a little bit, adjust the focus.

I would like for you to start playing with your third eye as if it had that kind of camera capability, so that you maybe get a wide angle or you can get a very pin point up close focus and start treating it like that just for fun. Because I think not only will it be fun but you will be developing some other techniques that you did not know existed or some abilities within you will sharpen that were just a little fuzzy before.

Alright everyone. That is your Spirituality Article information for this week. As always, thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon
www.TerriNewlon.com

(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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