



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Be Inspired"

April 16, 2009

This is Rev. Terri Newlon of www.TerriNewlon.com

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. We are going to begin with a golden white color coming in through the Crown Chakra. A golden white color is a multi-purpose healing energy and tunes one to the Christed Consciousness on many levels.

Let's also focus on the Third Eye center and you will see me doing a lot of the golden light and the Third Eye combined and particularly a sort of blue spiral coming forward out of the Third Eye and getting larger.

Then another point right in the center of the forehead that you want to see opening, like a vortex coming out from the Third Eye and the classic pineal center point, between the eyes at the top of the nose, the one that you can use for manifesting what you want to come true.

Then the exact center of the forehead is more a practice of staying in the present moment. We want to see the present moment becoming all that there is so that the mind does not wander to the past or to the future. In the present moment, there is only Love and all things are well.

One of our affirmations that we work with in the DK group is very simply: "All is well". Those words come to a 33 numerically. That particular vibration is one that resonates at a frequency that is healing in the New Age and very much so for Lightworkers and [World Servers](#).

You can even just focus on the number 33 but I think that repeating the words "All is well, All is well, All is well" is going to bring the vibration into the body more completely.

My information for this week besides the toning exercises that we do every time is "Be Inspired".

"Be Inspired." In other words, there is a lot going on in the world that could drag the consciousness downward or cause one to want to throw in the towel or give up. This is the time to Be Inspired.

Ask for Divine Inspiration! Ask for Masters and Angels to guide you and inspire you! Engage your own higher self for inspiration!

That also means, be active. Start activities. If your inspiration is maybe better health, then start the action towards that goal. If your inspiration is economical or environmental or relationship oriented, then start the action in the direction of those goals, or that particular goal.

So your inspiration should be lighting a fire under you now, that you are so excited that nothing can get in our way, nothing can stop you and the actions are backing up the energy that is inspiring you. "Be Inspired".

In the meantime, to stay apprised of activities of what the Ascended Masters do throughout the day, you can follow on Twitter. It is www.Twitter.com/DKupdate. You have that link on the website too, on the right side below the menu and above the search button.

We also have some new things in the [training program](#) and what not for those of you who are interested. So my service to you is expanding at this time. I would say open also on the Inner Planes. Particularly before you go to sleep, maybe make a specific request to go visit DK, Djwhal Khul, or Ascended Master Djwhal Khul or the DK group as we are nicknamed on the Inner Planes and maybe enjoy some of the classes and teachings and energy tune-ups and healings and what not that we do every time the sleep state is induced.

Alright. Thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon
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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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