



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Calm Oasis"

September 25, 2008

This is Terri Newlon from Sedona, Arizona, USA. www.TerriNewlon.com

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

Now I want to bring in a soothing energy. So I would say that this is a very good time to be an Oasis of Calm amidst what is a very active energy field. And it is activated mostly by fears--money troubles, health concerns, economic concerns, emotional instabilities, etc. There is literally a panic in the energy field as I look at Humanity now.

So what I want to do is work with this Calm Oasis. Just feel that energy coming down through the body and think of your self that way, literally, like this calm oasis. You are a beautiful spiritual being, maintaining a very light welcoming energy, a refuge for others.

It also produces another effect that I want to comment on. You might have noticed in your dream state or maybe even in the waking state, there is a lot of negativity around. And this is a time that I would say don't indulge the dark side of your mind and don't indulge darkness in general. It may surface, acknowledge it and thank it but don't indulge it. Don't get romantic with it or get curious to see how far it will go.

And remember the very simple words "No thanks". That can be said with a calm certainty. Nothing in Creation can be put upon you unless you agree, in some way. And so, if you having a dream and there is something dark happening in the dream, you can wake up and say "No thanks". Or maybe you get the inkling that (and this would be how the dark side of the mind might work) "Oh! Let's see! If I get in this really bad car accident then I could get a new car and I can, you know, not have to go to work for a few months and...".

If the mind goes there, then you want to say "Scratch that. No thanks. That's really a bad idea. I don't want to hurt my body. There has got to be a better creative way that I can use my consciousness. Maybe I just need a different job or maybe it is time for me to be an entrepreneur, instead of working for someone else. Or maybe I just need a three day vacation to reset my mood."

Say "No thanks" to any dark thoughts particularly if they are intriguing you. I would say this week particularly is not a good time to watch dark films or read thriller books and that sort of thing because it is just too rampant on the inner planes already.

Focus instead on the positive and be that Calm Oasis that is quite magnetic for others who are looking for refuge. In this time frame, it would be easy for people to get caught in frenzies, and in talking about financial things and global things such as policies and heated or passionate discussions. Just hold your Calm Oasis and let others have their vibrant discussions.

Go within and process the information to see what your own belief systems are and where your own spiritual stance is, but refrain from engaging in combative conversations. And even if it is a television program you normally watch to get brought up to date politically, if there is an angry edge to it, try another way to get your information.

It is very, very important this week not to engage in negativity or the dark side of the mind.

All right. Thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet, Final edit by Terri Newlon)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. Her work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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