



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Past, Be Gone"

August 7, 2008

This is Terri Newlon from Sedona, Arizona, USA. www.TerriNewlon.com

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

I want to work with a vibration now of Clearing the Past. Now I've done quite a bit on this because the body of my work really is teaching Humanity how to let go of subconscious programming, old patterns and habits, and to be in the Divine Essence itself which is a flow of Creation ever moving forward.

So Clearing The Past, if we have that title already in the teachings, this would be an evolution of that particular program because I do teach in a sequential manner and also based upon exactly what is needed in the moment.

As I study the Lightworkers and as I study all of Humanity and also looking at what is going on on the Earth, and from a global perspective, Clearing Away the Past is very important. Even the, what I want to call, mistakes of the past, is how you might look at it from an Earth perspective. Like maybe we shouldn't have put all of those factories without pollutant filters on them, or maybe we should have properly treated the sewage, or maybe we should have been wiser about how we use landfill space, etc. So mistakes of the past also need to be cleared away from the Earth so that She is moving forward and benefiting.

So in your own body, we are going to work with a technique that is simply a kind of a command, and we always say the commands from *Love*, not from fear or anger or any other vibration.

What the Universe hears is *Love*, what your consciousness hears and responds to best is *Love*. Fear may get a temporary reaction, but it will not get a permanent reaction because fear responses, sooner or later, will be rebelled against. Sooner or later, if you respond out of fear, eventually you will rebel back against that response.

So the command is very simply: "Past, Be Gone!" [Exhale]. And definitely breathe with it. Now what you'll begin to experience, especially so if you just did the Grid of Love exercise because your energy fields are very heightened for the experience, is an increase in Chi. Again, it's really this *Love* energy and the command is "Past, Be Gone" [exhale]. It's just a gentle exhale, not a strong whoosh, just a very gentle [exhale], almost like you do when you relax. You might softly sigh with it even. So again we will practice: "Past, Be Gone".

Now when we go to the Earth grid with it, like you might go energetically to a nuclear waste site or some chemical storage site, that is just sort of sitting there, a radiation site or whatever, and what you would do would be focus your energy as strongly as you can into that area, and by focus your energy I mean *Love vibration only*, not sorrow that it's there, not anger at the people who put it there or the companies. And you know, in my mind, it should be the people that are held responsible. It's silly to fine a company rather than focus on the criminal activity. Hopefully that will evolve on the planet.

But in the moment of it, we focus simply on *Love* for the Earth and we say "Past Damage Be Gone". And then breathe. Now this is generally *much* deeper. Sometimes you get a lot of movement in the pelvis, the second chakra, or actually the hip bones. Sometimes we'll get surges of energy, goose bumps, all kinds of things can happen there. But generally if you are tuned into the Earth, you will feel it somewhere in the pelvic region when you make the command.

So again, we'll go to the next one. Just an area that you know that is damaged. Could be the pollution in Beijing, it could be a war zone, or left over radiation damage somewhere on the planet. Maybe the city of Baghdad, or Hiroshima, or what not.

And we just focus *Love Love Love* into the planet there. And say "Past Damage be Gone". [Exhale]. You might find that you need to keep breathing out [exhale] and sometimes with the hands make the motions look like eggbeaters, sweeping the energy down the middle and bring the hands out to the sides, opening up for more energy to rush in and come up in two circles but when they meet in the middle, the energy goes down towards the Earth. And keep working it; you might need to say "Past Damage Be Gone" a few more times and remember to keep the *Love*, that's what does the healing.

Alright dear ones, we made it just in time with the lightning and thunder. And I do appreciate your attendance in person, appreciate it very much as a matter of fact. The live energy does contribute quite a bit.

As always, thank you and my love to you.

Djwhal Khul

Channeled by Rev. Terri Newlon
www.TerriNewlon.com

(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

Terri Newlon Holistic Consulting Co, LLC PO Box 10576 Sedona, AZ USA 86339