



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **"Focus Forward"**

July 31, 2008

This is Terri Newlon from Sedona, Arizona, USA. [www.TerriNewlon.com](http://www.TerriNewlon.com)

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek. (Tibetan warm welcome)

Alright. We are going to begin with a beautiful violet flame, but a very, very soft violet flame. We are in a very precarious time of Fire element and we are going to be seeing that manifesting as

fiery personality, irritation, agitation, maybe too much heat in the liver or other organs in the body, too much heat in the brain, too much heat in the body temperature. Also seeing things heating up: economically, politically, socially, etc. So work with a very soft violet flame for that effect and, almost transparent, almost clear with a very slight tint of violet to it. That would be cool violet fire that actually helps balance the [hot] Fire element.

Alright. Today I am going to talk about the upcoming August 1 new moon, solar eclipse in Leo. Now it's a very potent day and I am going to also note that it is little more than one week away from the Olympic Games in Beijing. I'll be working in the Wednesday classes for the month of August, and in some other ways during August, for balancing on a global scale. But for right now, this particular solar eclipse in a Fire sign, the Sun in an eclipse in a Fire sign, and you know we are in the sign of Leo, we have a lot going on. We have the moon in Leo as well, so it is a very, very potent day.

What I want to encourage the light workers to do is Focus Forward. So that is the title of our transcript for today: Focus Forward. The energy will be: "What can I accomplish next?" "How can I use all of this fiery energy to propel me forward?" And if you stay focused on something with all of this fiery energy, you will see it to completion. Again, I encourage you strongly to Focus Forward in your spiritual goals and also perhaps in your daily living.

In other words you might just use it toward, say, organizing your paperwork, or you might finish up some organizing in the garage. You might pull out all the documents like wills, insurance policies, or what not, and make duplicate copies and make sure loved ones have them. Not that you are planning to go anywhere, but just that focus forward does keep everything in line.

That says: "I am prepared. I am ready for the future. I am ready in the present moment." And also just work with the teaching in the Wednesday tele-course and one of the mantras that you can use during this time period, as it might feel like the Universe is coming at you in rapid fire style. Just simply say: "Bring it on Universe." And, you know, motion with you hands, like "come on, give me what you've got, give me your best, and bring it on".

So you are welcoming the flow of Creation, at this very rapid and intense pace. You are not trying to hide in a cave, crawl under a rock, or stand in a waterfall while fires are all around you. You are actually welcoming the energies and needing the energies. So the Focus Forward is also needing the intensity of what is going around you. So you might relate it this way just for a convenient symbol:

If there seems to be pressure all around you, eventually you crack. If the pressure inside you is equal to or greater than the pressure around you, you will actually blossom or excel. So that [outer] energy is very strong. If you keep the power in you and you let it build, you let it match the intensity. And again the mantra might be "Bring it on Universe. Just bring it on."

I think that will conclude our Spirituality Article for today. For the week we will be working again very strategically to help out with the social and political energies around Beijing, the Olympics, all of the countries involved, all of course the Tibetan influences that are involved there as well as the Chinese people. And that might be something that you can work on in your personal prayers in the meantime.

As always, thank you and my love to you,

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. Her work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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