



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **“Working Relationship with Mother Earth”**

June 19, 2008

This is Terri Newlon from Sedona, Arizona, USA. [www.TerriNewlon.com](http://www.TerriNewlon.com)

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And here is Djwhal Khul’s latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)

Djwhal Khul here. Tashi Delek.

Alright. We are going to work with the Earth by bringing energy up through the pads of the feet as we prepare here for Summer Solstice. This is a very important time to welcome in the energy of the Sun as a healing force upon the Earth. So we are going to work with the Earth first, coming up through the pads of the feet and allowing the body to feel this. It’s very strong. The Earth loves to nurture humanity. And particularly those that are walking lights, they are conscious, they are aware, they are paying attention to the cycles of life, they are appreciative of the beauty of Nature. Mother Earth really reciprocates the flow of energy. So the more you send to her, the more you will receive back.

We are working with the Earth in a time when there is a lot of disruption. It is a particularly wise strategy because the Earth will also guard and protect you in a variety of ways, particularly so from a safety perspective. So even though there might be something terrible going on around you with the weather, you are still safe anyway. So you want a very good working relationship with Mother Earth. Now the Solstice coming up here also allows us to welcome in the Sun. And again I would not be focused on “Oh my goodness, it is going to be too hot because it is summer”. Find yourself refraining from complaining about the Sun and becoming more of, again, one who appreciates that the Sun is shining, that there is warmth upon the planet, that the Sun has healing value. It is very, very important particularly this Summer Solstice, because we have a little bit of what we call a rougher summer ahead, politically, economically as well as within the health fields, and that

would extend to humans and particularly so to domesticated pets. So really watch the health. This is a good time to clean things up. You know maybe modify the diet, or drink more water or take better supplements; that sort of thing. Just really watch the well being of the body because it can take a very quick turn in another direction during particularly this summer month until we get to Fall Equinox, and especially so during the month of July. So be on guard for that.

A working relationship with Mother Earth is good. You can feel the nurturing coming up through the pads of the feet and the soles of the feet, and flowing up the legs. You want that wonderful energy that feels almost like you are being cradled by a great Mother presence. And then that Father Sun energy, kind of a life giving force coming from the sky. Maybe you can even feel that beautiful warm golden energy sort of coming down through the crown chakra and stimulating, so this is going to be a little more of an electric, or live feeling, and not so much that gentle cradling. It is going to be a little more alive. Feel those two energies working together in your body. This is also helpful to synchronize you to the Earth changes so that no matter what is going on, like when magnetics change, the North Pole changes, things shift and happen, that you are just sort of synchronized and somehow held in that protected energy by mutual respect and mutual working relationship.

Alright everyone. This has been my Spirituality Article Information for this particular week and also timeless, that can be applied whenever you feel the need.

Thank you and my love to you,

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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