



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **“Blue Water Cleansing”**

May 29, 2008

This is Terri Newlon from Sedona, Arizona, USA. [www.TerriNewlon.com](http://www.TerriNewlon.com)

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And here is Djwhal Khul’s latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)

Djwhal Khul here. Tashi Delek.

Alright. We are going to begin with a lovely fountain-like energy. So it’s a flow of water coming up from the Earth, channeling through your body and we are going to let it come all the way up above the head a bit there and then cascade down the sides of the body.

Now last week the article was on White Rain Cleansing. Today we are going to be working with Blue Water Cleansing. And again it is coming up from the Earth, like a geyser, through the body, the blue colored water. Let it come up through the top of the head and then cascade down around the sides of you, almost kind of, well, you see a fountain in the center of a park or something, that is the image we are looking for.

Now water cleansing this particular time of the year is very potent. It’s also good, so late spring, early summer; it is also very potent when the moon happens to be in a water sign or when the sun is in a water sign. So you can use it in a variety of times during the year. But what water does in the consciousness is oftentimes balance the elements in the body. It can provide a nice soothing energy. It can enhance your psychic abilities.

So for example, you might notice that those who are highly sensitive, very intuitive, or very psychic for a living, often have quite a bit of water content in their bodies, or their skin is very watery or their eyes are very watery, almost glassy.

The water element is very important for enhancing your natural intuitive and psychic abilities. But for now it also gets us into the flow of Creation. The mystery of life is in the flow of the streams, in the flow of the water and it is about your ability as spirit incarnate, to flow with the times, flow with the changes. Allow yourself, if you need to create a new path, go around an obstacle or go around some debris. That you can just do so rather effortlessly, like the flow of Creation.

One more time, bring that blue water up from the earth; let it come right up through your body like a geyser, shooting out the crown chakra, up above the head, and then cascading down around you in all directions. If you want to add your hand motion: now sweep it up from the Earth, pull it up through your body with your hands, stick your hands up straight in the air, palms to the sky and then sweep them down, keeping the elbows stiff as you go down the sides there and that cleansing motion is going to keep you flexible, in the flow and not trying to hold on to old patterns or hold on to the past. It will also allow you to open to greater creativity in every aspect of your life.

Alright. I hope you enjoyed the Blue Water Cleansing and as usual we will have a new Spirituality Article with information for next week.

Thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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