



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

" Take a Break Now "

September 29, 2011

[Happy Rosh Hashanah to everyone who celebrates it.](#)

This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. This is simply an excellent time to take a break. Just a very, very good time to get some social time in, take it easy, get a little bit of a rest.

We have a very strenuous time period coming up. I talked about it in the [2011 Fourth Quarter Forecast](#), how we are going to be dealing with a very strenuous time period, especially right about October 28 going through the end of 2011.

So this is a good time to just sort of relax, take a breather, allow your energies to kind of rejuvenate at this time.

Now I do want to work a little bit more with reinforcing the Third Eye. The Third Eye center is really your kind of communication energy directly with the Spiritual Hierarchy and also with many others, each other for example. And the Third Eye development should be ongoing.

So any time you want to work with it you can see spiraling energies coming out of the forehead, spiraling energies going into the forehead, the sense of spaciousness or expansion and certainly keep working with opening new neuro-pathways as much as possible.

So kick back and relax while you can.

As always, thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon
www.TerriNewlon.com

(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

Terri Newlon, Inc. PO Box 161, Patagonia, AZ 85624