



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

“Disconnect from Mass Frenzy”

August 25, 2011

This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. We're just coming upon Mercury going direct after one of its usual times of being retrograde. When it goes direct, it will go direct in Leo on Friday.

Coming with that, and a few other things really that have sort of stacked up over time here, is more, what I want to call, triggered behavior within Humanity. So today I want to talk about *not* getting caught up in the frenzy, how to *disconnect* from *mass frenzy* because it is a choice made within the consciousness.

Now when your higher power is engaged, you can really call upon even Angelic helpers, Creation itself, you can call upon direct aspects, like Harmony, Grace, Joy, Love and *bring* them into your being.

Literally *embody* them or give them, shall we say, a home on the physical plane. And that is a choice. Or when the sense of what is greater than self, spiritual essence is *not* perceived, then you see looting, rioting, rebelling, getting angry or even violent and these emotions are coming up within humanity.

They are coming up within the animal kingdom, you know more attacks and maulings and things like that.

They are coming up even within the weather patterns, more angry, etc. So remember that you can choose to disconnect from that. You can stay in a state of Grace.

Sometimes I would say just choosing it, like "I choose Bliss" or "I choose Love" recalling that Love is simply the absence of fear. And you don't have to get caught up in the drama that unfolds around you. You have the choice to either play in it or not play in it. So disconnect from mass frenzy.

Sit inside peacefully and dream, if you will, the reality that you want to have happen. If you want world peace, dream about it. Daydream about it. Write a story about it. Write a short paragraph about how it is to live in a world filled with peace. Keep putting your order in, so to speak, of what you *do* want.

As always, thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon
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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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